

Surprising Results From **Stop the Conflict**

A four-hour workshop for people in divorce
or in a painful relationship

IN A RECENT SURVEY, participants from each workshop were asked how they felt about their respective partner in a number of specific areas. The questions were asked at the beginning and the end of each class and were answered on a scale of 1 to 10.

Changes in attitude were measured by the change in scores. Subsequent surveys show that the changes are sustained over time. Here are the questions and the results:

How much of the conflict is due to your actions?

77% Increase

How much do you resent the other person?

68% Decrease

How much do you blame the other person for your situation?

60% Decrease

How effective are you in preventing arguments?

57% Increase

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